



Outreach

Information for Parents

**Needing help with your
baby right now?**

**Call
Tresillian Family Care Centres
24 hour Parents Help Line
on (02) 9787 0855**

Tresillian Outreach
Tresillian Family Care Centres
McKenzie Street
Belmore 2192
Tel: (02) 9787 0828

Hours: 8.30am - 5.00pm
Monday to Friday



**Tresillian Canterbury
Family Care Centre**

Tel: (02) 9787 0828



Who is able to attend Outreach?



The Outreach Service

The Child & Family Health Professionals at Tresillian Outreach visit families in their own homes. Outreach is a service for parents with a young baby or toddler needing assistance or just someone to talk to about issues such as:

- breastfeeding or bottlefeeding
- settling your baby
- toddler tantrums
- coping with the demands of parenting
- post natal depression

The Outreach Team

Tresillian Outreach's skilled team includes Child & Family Health Nurses and a Social Worker or Psychologist who can help sort out any difficulties you might be experiencing with your baby.

The Cost

Outreach is a free health service to the community.

To arrange for Outreach to visit you

To arrange for our Outreach team to visit you, simply ask your Child & Family Health Centre, GP or any other health professional, for a referral, Monday to Friday. Once a referral is made, the Outreach team will call you back, within 24 hours to arrange the visit.

Boundaries of Tresillian Outreach Canterbury

Canterbury Council area, and most inner west suburbs. If unsure check with your referrer.

Tresillian Outreach may refer you to other community support services if necessary