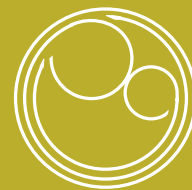


**Needing help with your
baby right now?**

**Call
Tresillian Family Care Centres
24 hour Parents Help Line
on (02) 9787 0855**

Tresillian Outreach
25 Shirley Road
Wollstonecraft 2065
Tel: (02) 9436 4086
Fax: (02) 9437 5852
Intake Tel: (02) 8962 8332

Hours: 8.30am - 5.00pm



Outreach

Information for Health Professionals



**Tresillian Wollstonecraft
Family Care Centre**

Tel: (02) 9436 4086



Who is able to attend Outreach?

Families with children under five years with identified problems associated with parenting.



These problems may include:

- breastfeeding
- bottle feeding
- weaning
- infant nutrition
- sleep difficulties and unsettled babies
- infant and child behaviour
- depression or anxiety
- relationship issues
- toddler management
- adjustment to parenthood

Tresillian's Outreach Service

Tresillian Outreach is a secondary level service which provides short term intervention for families who are experiencing difficulties associated with parenting.

Aim of the Outreach Service

The service aims to facilitate the transition to parenthood by providing education and support.

Who can refer clients to Tresillian Outreach?

Any health professional.

Referrals

Referrals are made through an intake system and prioritised according to need. Tel: 02 8692 8332.

The Outreach Team

Child & Family Health nurses with qualifications in midwifery, Child and Family Health and Lactation (IBCLC). A Social Worker specialising in Child and Family Health issues, post natal depression and adjustment to parenthood issues.

Geographic boundaries

The Outreach Service covers the lower north shore from the Harbour Bridge to the Spit Bridge and as far west as Mona Vale Road.

The Cost

Tresillian Outreach is a free health service to the community. Every attempt is made see clients within 48 hours of referral.